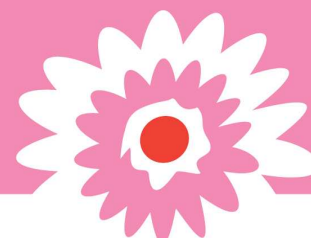


Newsletter



RedAssure™
Independent living
PART OF WORTHING HOMES

Welcome

October, 2011

Welcome to our October issue. A huge thank you to all our customers who supported us at our Full of Life Festival and what a great day it was! For more information and pictures, see page 2 of the newsletter.

RedAssure Customer Forum– We Need You!

Please come along and join us at the next RedAssure Customer Forum. This is a great opportunity for you to have your say and to help shape the future of your service. The next Forum takes place on Thursday 27 October at Elizabeth House, Pelham Road, Worthing between 2pm-4pm. If you would like to attend please call the office on 01903 703 103 OR use the tear off strip at the back of this newsletter. The Forum is a perfect place for clients to get together in an informal setting. It's a great chance to meet the RedAssure team as well as other customers and have the opportunity to sit and chat over tea and cake. We invite 2 speakers to come and talk to you and we also provide the tea and cake! The Forum allows you to have a personal input about the service and how we might be able to improve. It is really important to us to hear your views so please do come along. We offer a free mini-bus service to and from the Forum so if you are unable to drive then please let us know.

RedAssure is here to help you

If you are recovering from a short spell in hospital or overcoming a temporary illness, RedAssure can visit and re-assess your needs. We have many additional services that can be offered on a temporary basis whilst you

recuperate. Did you know that we offer a daily calling service where we telephone you once a day just to check on your wellbeing? We are here to help, so if you would like further information about any of our services, please call the office on 01903 703 103 and speak to one of our friendly advisers who can talk you through the extra services available.

SASBAH

The Sussex Association Spina Bifida and Hydrocephalus would like to invite you along to their Worthing local support group.

This group are a very sociable lot and meet at The Three Fishes, 56 Chapel Road, Worthing, BN11 1BE, on the third Thursday of the month from 2 – 4pm. Future dates for 2011 are: 20 October and 17 November. Please contact Dave Whatley on 0789 6802 124 or if you would like to know more please email him at dave@sasbah.org.uk

The Local Support Groups are open to anyone with an interest in SASBAH and offers support for those with Spina Bifida and/or hydrocephalus throughout Sussex. They choose their own agenda and get involved in social activities, fund-raising, local events, raising awareness – whatever they decide.



Daily Living Aids

The key turner is a simple product that provides an easy grip and good leverage for key turning. It has a locking lever attached to the brass fittings which enables two keys to be positioned separately or locked back in the body of the handle. This is available for just £4.95. Call our office on 01903 703 103 to speak to a member of staff for further information or to request a Daily Living Aids Brochure.



Full of Life Festival 2011

On Thursday 15th September 2011, RedAssure presented their first ever Full of Life Festival at Worthing Assembly Hall. The Worthing Mayor, Councillor Ann Barlow opened the event to an enthusiastic crowd who were waiting at the door for the festival to commence.

The festival brought together local businesses and charity organisations to showcase what is available and happening in the Worthing area for people over 50, family members and care providers.

Firefighter Angela Gates swapped her Fire Kit for an apron to cook up some simple, nutritious and cost effective recipes whilst taking the opportunity to talk about fire safety in the kitchen. Attendees were also treated to demonstrations from 'Singing for pleasure', Short Mat Bowls and Worthing Creative Dance.

Don't forget, **Easyfund-raising when shopping online— it is completely FREE** to register and you won't pay a penny more for your shopping. In fact you can even **SAVE MONEY** as many retailers offer discounts and special offers. Visit **www.easyfundraising.org.uk** and when you register click **RedAssure** as the organisation that you wish to support.

We continue to raise valuable funds with this website and the best bit is that it is the retailers that are making the donations not you. **So next time your shopping on-line why not give it a go.**



Angela Gates with the Worthing Mayor, Cllr Ann Barlow

The RedAssure Team



RedAssure would like to thank the following businesses for their involvement in the event; Bennett Griffin, Guild Care, Complete Community Care, Finchley Financials, Martin Searle Solicitors, The Hearing Shop, Paperwork Matters, Kardinal, Therese Erikson Homeopath, Carousel, Brzeski Chiropractic Clinic, Curves, Sole Divas, Graphics for All, and Carewise.

RedAssure News

Some of you may remember the 'Unsung Heroes' campaign that we ran last year. We wanted to start recognising all those unsung heroes that help you in your day to day life. Mrs Maura Poulter in Worthing won our last Unsung Heroes Award. Maura was nominated by Mr and Mrs Stanton-Roberts who wrote us a heartfelt letter.

We are running the campaign again and all we need is for you to nominate anyone that you feel deserves the award. It could be a friend who helps with your shopping, or a neighbour who always checks in with you. We are looking for someone that really makes a difference to your life. We will then select one winner who will receive a gift from us. Please send your nominations to our office at Davison House, North Street, Worthing, BN11 1ER or via email to info@redassure.org.uk.

With winter just around the corner, we are concerned that there are members of the community who may not yet have a red button but would welcome the peace of mind that having our service would give them. If you have a neighbour, relative or friend that would really benefit from having our service, why not call our office and speak to one of our friendly advisers who can help. RedAssure also offers a signposting service and can put you in touch with other organisations who might be able to assist you in other ways, such as finding out information about sensory services, support groups or even how to find out about what financial benefits are available to you.

Call 01903 703 103 now

Events

This month we are featuring events and information from Mencap

Mencap Christmas Fayre

Worthing Assembly Hall
Saturday 26 November
9.30am-1pm.

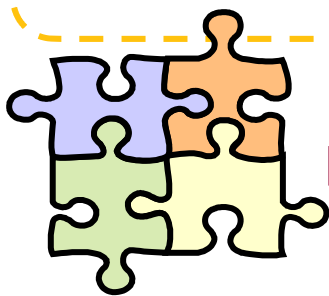
If anyone would like to offer any help, please contact Pauline on 01903 235 249 or 0777 1614 534

My Network

You may have heard that West Sussex County Council has commissioned new preventative services for adults with learning disabilities who are not eligible for social care. Buddys, together with

Worthing Mencap, is running My Network to cover the Worthing, Adur and Arun District. My Network will provide a single point of information, advice and support. For further information please contact Jenny at Buddys on 01903 202030

Don't forget to 'test' your red button every 2-3 weeks. This is really important as it prolongs the life of the pendant and the battery. Another bonus is that you get to speak to the lovely staff at our response centre!



BRAIN GAMES - Logic

If you would like RedAssure to add in information in our next Newsletter about a group that you belong to, please call our office number on 01903 703 103

Mr Bee Zarro claims to come from a parallel universe where afternoon comes before noon, tomorrow comes before yesterday, and later comes before now. But you don't need to go to a parallel universe to see the same things happen. Where can you see this here on Earth?

RedAssure Working Group-Can you help?

Would you like to have an active role in the future of RedAssure? We are offering the chance for our customers to have their say about the equipment they would like us to stock, trial and investigate.

We are looking for a select group of people that would be happy to trial new equipment and give their opinions and constructive feedback. For more information, please call either Jennie Brown or Karen Liu on our office number 01903 703 103.



Become part of our working group and you may be one of the lucky few selected to trial our new Tynetech Reach Unit and pendant, as seen in the picture on the left.

Digital Switchover help scheme

What is the Help Scheme?

TV IS SWITCHING TO DIGITAL ALL OVER THE UK AND THE TRADITIONAL TV SIGNAL IS BEING SWITCHED OFF AREA BY AREA.

Everyone needs to be ready for the switchover or you will lose TV channels. If you have 5 channels or fewer on any TV in your home, you will need to convert it to digital by March 2012.

The Help Scheme is run by the BBC and can help everyone who is [eligible disabled, aged 75 or over, registered blind or partially sighted or anyone who has lived in a care home for 6 months or more](#) with everything they need to switch one TV to digital.

If you are eligible for help from the Help Scheme you will receive an information pack in the months leading to switchover in your region. This pack will outline the Help Scheme options available to you. You do not need to do anything until you have received your information pack

If you need further information, call 0800 40 85 900 or visit <http://www.helpscheme.co.uk>

Customer Forum reply form

Name:

Address:

Tel Number:

I would like to attend the customer forum on Thursday 27 October.

I would like help with travel (please tick if appropriate)

I have special dietary requirements—please specify below

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